

Appendix D Maps and Directions to the Regatta Sites

1. Overview.

The regular member schools (and new schools) are generally clustered in the Potomac River watershed. The associate schools are to the south near the lower end of Chesapeake Bay, several hours' drive away. Baltimore area schools, less than an hour north, are associates. NCASRA offers associate membership, which allows participation in VSCRs, as a means of encouraging new clubs.

2. Sign-In.

Each site has a specific sign-in location. On regatta days, volunteers should report to the Volunteer Sign-In Coordinator seated at a table outside or inside regatta headquarters at each regatta site. On workdays, it is the same procedure. On the day prior to major regattas at the Occoquan, trailer and bus parkers should sign in with Park Ranger Smokey Jacobs, who can be found in the Park Ranger office in the Upper Boat House (first building on the left after the parking lots), second floor. The regatta headquarters at each site is established as follows:

Georgetown Sign-In: At Thompson's Boat Center, it is reached by foot from the Thompson's parking lot off Virginia Ave. At the Rock Creek Parkway or by foot from the waterfront at the foot of Georgetown, walk past the circle at the foot of 30th St. and past the fenced shell storage lot. Sign in at the table opposite the far bays Thompson's at the top of the launch ramps, just around the corner from the Thompson's office entrance.

Occoquan Sign-In: At the foot of Van Thompson road, the Regatta Headquarters building is the last building at the bottom of the hill on the right of the road before you get to the water and it is opposite the boathouse. Sign in at the green tent outside of the Headquarters building with the blue and white "Volunteer Sign-In" banner attached.

3. Parking Issues

The NCASRA regrets that parking at all of its sites is quite difficult. In general if you arrive early you will have a chance at parking relatively close (perhaps a 10-15 minute walk) to your destination. If you arrive later in the day, you may need up to 30 minutes to reach your destination. It pays to scout out the site ahead of time. For the 2003 season, physicians who are willing to assist in emergencies and may have to leave on call may be offered some special parking. In summary, regatta watching is done on foot. Access for the handicapped is quite limited, but can be worked out by consulting knowledgeable regatta staff. Address questions to the President of the NCASRA, who convenes a Parking Committee as needed.

4. Directions for Local Regatta Sites

Directions for getting to each local regatta site and for getting around the sites are included in this section. Sites covered include the Georgetown and Occoquan regattas.

OCCOQUAN SITE DIRECTIONS:

From the Washington Beltway, Baltimore and points north on 95:

From the Washington Beltway (either 495 or 95), take the 95 south exit towards Richmond. Take exit 163, Lorton Road, Route 642, west. After about 1.6 miles, bear right on Furnace Road and follow it until it meets Route 123 (Ox Road). Turn right on Ox road and travel 1.2 miles to Hampton Road where you will turn left. Go about ½ miles on Hampton Road and turn left on Van Thompson Road (you will see power lines overhead, just in front of you). After about ¼ mile Van Thompson bears sharply to the left at a well-weathered barn and continues down a hill to the entrance to Sandy Run Park.

From McLean and points north along route 123:

Travel south on route 123, Ox Road until you reach Hampton Road. Hampton Road is about 6 miles south of where Braddock Road intersects 123. Turn right then go about ½ miles on Hampton Road and turn left on Van Thompson Road (you will see power lines overhead, just in front of you). After about ¼ mile Van Thompson bears sharply to the left at a well-weathered barn and continues down a hill to the entrance to Sandy Run Park.

From Fredericksburg, Richmond and points south:

Travel north on Interstate 95 and take Exit 160, Route 123, north. Follow 123 for about 1.7 miles and turn left on Hampton Road. Go about ½ miles on Hampton Road and turn left on Van Thompson Road (you will see power lines overhead, just in front of you). After about ¼ mile Van Thompson bears sharply to the left at a well-weathered barn and continues down a hill to the entrance to Sandy Run Park.

To Sandy Run Park: Boathouse, Launch area and Regatta Headquarters: From the upper parking lots, continue straight on Van Thompson Road and you will come to a large bus/trailer parking lot on both sides of the road. From here, the road continues steeply down hill, past the portable toilets on the right, the large boathouse on the left, the small headquarters (sign-in) building on the right, and continues down past the racks to the docks and launch area. To Sandy Run Finish Line: From the upper parking lots, there are three routes to the Finish Line: (1) by shuttle bus on the emergency access road, (2) by foot on the path from the upper parking lot and (3) by foot on the path from just below the boathouse. The shuttle bus route begins in the upper parking lot to your left as you enter the park. The ride takes 5 minutes and costs 75 cents and takes you to the Finish Line. The path from the upper parking lot is about ½ mile and meets the shuttle bus road by the Finish Line. The path from below the boathouse is about ¾ mile total. It joins up with the upper parking lot path about ¼ miles from the boathouse (just down the hill from the upper parking lot). The paths are winding and hilly. It can take from 15 to 25 minutes to hike from the boathouse to the Finish Line. At the grandstand there is a concrete viewing area, a concession stand and bathroom facilities. There is no access to the starting line.

GEORGETOWN SITE DIRECTIONS

Thompson Boat Center in Washington, DC is located just off the Rock Creek Parkway at the foot of Virginia Avenue, NW. There is a parking lot, but it is limited and preference is given to busses, trailers staff and volunteers, all of whom arrive early. There is commercial parking by the water, close to the finish line off Wisconsin Avenue under the Whitehurst Freeway. There is easy access by foot from that lot to the finish line and to Regatta headquarters.

IMPORTANT NOTES FOR TRAILERS: THE ONLY FEASIBLE ROUTE INTO THOMPSON'S PARKING LOT IS VIA VIRGINIA AVENUE. DON'T TRY TO USE ROCK CREEK PARKWAY. FURTHER, TRAFFIC CANNOT CROSS ROCK CREEK PARKWAY DURING WEEKDAY RUSH HOURS - 6:30 - 9:30 AM, 3:30-6:30 PM MONDAY THROUGH FRIDAY.

To Commercial Parking lot at Wisconsin Avenue and to Thompson Boat Center

FROM THE WEST:

Follow Wisconsin Avenue south to K St, NW, also known at that point as Water St. Here the commercial parking lot is directly ahead of you next to the River.

If you are proceeding to the Thompson parking lot, turn left on K St. and proceed east through several stop signs, moving into the right hand lane. As K St begins to climb up hill ahead of you, on the right you will see a small underpass. Follow this onto Rock Creek Parkway and take an immediate right into Thompson Parking lot.

From Rock Creek Parkway headed south.

At the traffic light with Virginia Avenue turn right into Thompson parking lot.

NOTE: there is no left turn into Thompson's from Rock Creek Parkway headed north.

FROM VIRGINIA HEADED NORTH

From junction of 95 North and Washington Beltway, take 395 north toward DC. Look for Memorial Bridge signs and get in right lane exiting onto the route, which passes west of the Pentagon. Continue north until you reach Memorial Bridge. Cross Memorial Bridge in the left lane and bear left in front of the Lincoln Memorial and take the first legal left turn (second left) on 23rd St. Follow 23rd north for several blocks to Virginia Avenue, NW (the street before this turn is E St, NW). Turn left on Virginia and go directly ahead. At the traffic light with Rock Creek Parkway be in the left lane. On the full green, cross the Parkway into Thompson's parking lot. To get to the commercial lot at the foot of Wisconsin Avenue, follow directions across Memorial Bridge to left on 23rd St. Follow 23rd past Virginia Ave to Washington Circle. Follow the Circle 3/4 of the way around, turn right on K St. Follow K St in the left lane down the ramp which takes you under the Whitehurst Freeway. Proceed through several stop signs to Wisconsin Ave where you will see the parking lot on the left.